



## Discussion Questions for *Sleepwalker* by Kathleen Frazier

Teachers, please use and adapt these questions to fit the needs of your classroom.

The questions are inspired by Stephanie Harvey and Anne Goudvis's *Strategies that Work*, and allow for practice with the following reading strategies:

*Making Connections*  
*Questioning*  
*Visualizing*  
*Inferring*  
*Determining Importance*  
*Synthesizing*

### **Pre-Reading Questions**

Given the title, what do you think a somnambulist is?

Have you ever had any difficulties sleeping? If so, how did this affect you?

### **During Reading Questions**

What is Kathleen most afraid of?

Given her family's history, do you think this fear is founded?

What is your biggest fear?

How do you think Billy's commitment and attempted suicide affected Kathleen?

Do you think Kathleen's attempts to curb her night terrors were wise/worked?

What would you have done?

Why do you think Kathleen pushed men away for most of her life?

### **Post-Reading Questions**

Why do you think Kathleen had night terrors?

Why do you think Kathleen divided the book into three acts?

Kathleen had difficulty sleeping for twenty years—what would you have done if you had been in a similar situation?

What part of the book stood out the most to you?

How did you feel when you finished the book?